

CGEA: Book List 2007

Sponsored by the Faculty Development and Medical Humanities SIGs
Compiled by Ruth Rademacher, MD, Deb Simpson, PhD & Diane Brown

Name of Book	Author	CGEA Member	Member's Comment: "Ah-Ha" Moment /Concept from reading and how applied to Med. Educ.	Email Address
<i>The Long Haul: Miles Horton Autobiography</i>	Miles Horton, et al.	Jennifer McKanry	Great background on student-centered learning and facilitating social change through education.	jmckanry@mcw.edu
<i>Crucial Conversations</i>	Kerry Patterson, et al.	Jennifer McKanry	Easy to apply communication tips and negotiation techniques	jmckanry@mcw.edu
<i>Learner-Centered Teaching</i>	Marry Ellen Werner	Janet Riddle	This book has challenged me and has given me strategies to allow learners to take more responsibility for their own learning.	jriddle@uic.edu
<i>The Omnivore's Dilemma</i>	Michael Pollan	Janet Riddle	The dilemma is that Omnivore's are able to "eat anything" but ask themselves "what should I eat?" Pollan describes how meals and	jriddle@uic.edu
<i>What the Best College Teachers Do</i>	Ken Bain	Karen Marcdante	An inspiring book that left me aware I need to ask how I could be a better teacher instead of wondering what's wrong with the learners.	kwendel@mcw.edu
<i>Doctor Stories</i>	William Carlos Williams	Stacey Jackson	Honest reflections of a doctor and his relationship with his patients.	sajacks@iupui.edu
<i>**Water for Elephants (highly recommended for everyone to read)¹</i>	Sara Gruen	Terri Cameron	Written from the perspective of elderly men in nursing homes, looking back n major, life-threatening events and describing both their current life style interactions with staff and peers and how they lived their lives following the changes they experienced. Great endings as well.	tcameron@aamc.org
<i>Losing Julia</i>	Jonathan Hull	Terri Cameron	Written from the perspective of elderly men in nursing homes, looking back n major, life-threatening events and describing both their current life style interactions with staff and peers and how they lived their lives following the changes they experienced. Great endings as well.	tcameron@aamc.org
<i>Our Founding Mothers</i>	Cokie Roberts	Gwen Lombard	Great book on the influence of women in the creating of the USA	GJL@uic.edu
<i>Encouraging the Heart</i>	James M. Kouzes, Barry Z. Posner	Ginny Cleppe	This book makes the case for celebrating the efforts and achievements of people you manage to optimize your team's performance.	vcleppe@mcw.edu
<i>Primal Leadership</i>	Daniel Goleman	Paola Palma-Sisto	Introduced me to emotional intelligence. Helped me	ppalma@mcw.edu

¹ Book titles with asterisks have been recommended my numerous CGEA members as "excellent reads"

			to review and assess what my leadership qualities are and what is necessary for team leadership	
<i>The Pursuit of Happiness</i>	David G. Myers	Sajani Tipnis	Inspiring	stipnis@mcw.edu
<i>High Five</i>	Ken Blanchard	Cynthia Ledford	A brief book on building teams “None of us is as smart as all of us”	ledford.5@osu.edu
<i>The Anatomy of Hope</i>	Jerome Groopman		Useful for patients with terminal illness and MDs in approaching them.	
<i>*How Doctors Think</i>	Jerome Groopman		Essential perspective on clinical reasoning	
<i>Getting to Maybe</i>	<i>Brenda Zimmerman, Frances Westley, Michael Patton</i>	Linda Headrick	Combines system science with developmental evaluation in the pursuit of change. A must read for anyone seeking to sustain change.	headrickl@health.missouri.edu
<i>*Achieving Excellence in Medical Education</i>	Richard B. Gunderman	MJ Freund		mfreund@iupui.edu
<i>Complications</i>	Atul Gawanda	Janet Osuch		
<i>Educating Lawyers: Preparation for the Professor of Law</i>	William Sullivan, et al.	Deb Simpson	Carnegie Foundation supported study of teaching, learning, etc. in law school – pedagogies of practice (professional and personal read as allows me to better understand a family member who is in law school)	dsimpson@mcw.edu

<i>The Elephant & the Blind Men</i>			Kipling's poem extended with lessons for today.	
<i>Getting to Yes</i>	Roger Fisher, William Ury, Bruce Patton,	Susan Cymbor		<i>cymbars@cef.org</i>
<i>Educating for Professionalism</i>	Jordan J. Cohen, Delese Wear, Janet Bickel	Gary Beck	The personal reflections about this elusive concept are very insightful and entertaining.	gbeck@unmc.edu
<i>*Blink</i>	Malcolm Gladwell		An interesting book about how people quickly make decisions – quickly and with sometimes disastrous consequences.	
<i>Why So Slow?</i>	Virginia Valian		Book about women in academics	
<i>East of Eden</i>	John Steinbeck			
<i>Grapes of Wrath</i>				
<i>Emma</i>	Jane Austin			
<i>Vegetarian Cookbook</i>	Crescent Dragonwagon			
<i>If Disney Ran Your Hospital</i>	Fred Lee	Ruth Rademacher	How what we measure “outcomes” does not lead to patient satisfaction/loyalty compassion does	rrademac@mcw.edu
<i>Healing by the Heart</i>	Culhane-Pera, Vawter	Gwen Halaas	Fascinating Hmong case studies; patient/provider – excellent cultural/ethical/professionalism etc. Thought provoking	<i>Halaa001@umn.edu</i>
<i>*Kitchen Table Wisdom</i>	Rachel Naomi Remen	Ruth Rademacher	Humanitarian approach to patients/patient care; people in general. Short easy stories, easy reading, excellent stories on surviving mentally at all levels of medical training and working. Good way to refill your “mental cup”.	<i>rrademac@mcw.edu</i>

<i>Where the Wild Things Are</i>	Maurice Sendak	Giulia Bonaminio	How to view the task of curriculum renewal as a child entering a forest but emerging safe and sound at the end	gbonamin@kumc.edu
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<i>The Memory Keeper's Daughter</i>	Kim Edwards			
<i>Auntie Mané</i>	Patrick Dennis	Gary Beck	This book is the best at teaching you how to make lemonade when life hands you lemons.	gbeck@unmc.edu
<i>Women Don't Ask Negotiation and the Gender Divide</i>	Linda Babcock, Sara Laschever		A very helpful book for women who have difficulty with negotiation.	
<i>The Bell Jar</i>	Sylvia Plath			
<i>The Joy Luck Club</i>	Amy Tang	Amanda Jaconette	I enjoyed reading about the differences in interpersonal relationships in a culture that was unfamiliar to me.	
<i>The Art of Possibility</i>	Xander & Xander			
<i>Yellow Raft in Blue Water</i>	Michael Dorris		This is a novel that brings to life 3 generations on a reservation, their health as well as personal issues	
<i>Three Nights in August</i>	Buzz G. Bissinger, H. G. Bissinger, Tony Larussa	Linda Headrick	Story of the life of Tony LaRussa in a 3-game series, STL Cardinals vs. Cubs. Insight into the complex multiple layers of the marvelous game of baseball.	headrickl@health.missouri.edu
<i>Interpreter of Maladies</i>	Jhumpa Lahiri	Marianne Green	Best and most beautiful written collection of short stories	
<i>A Prayer for Owen Meany</i>	John Irving	Mary Jane Freund		mfreund@iupui.edu
<i>Leadership Without Easy Answers</i>	Ronald A. Heifetz	J.X. Thomas	Series of vignettes about leadership	

<i>The Elephant and the Blind Man</i>				
<i>Blood Brothers: Among the Soldiers of Ward 57</i>	Michael Weisskopf		NY Times reporter loses hand in Iraq and receives treatment at Walter Reed. His story and several vets who were there at the same time.	
<i>Eight Dimensions</i>	Ruth Ellen		Psycho-social model of relationships	

<i>of Human Relationships</i>	Josselson		in human development. Applicable to mentors/educators in their roles with students, patients, collegial others	
<i>Freakanomics</i>	Malcolm Gladwell	Nick Roberts	Thinking about physicians and decision-making and evidence and putting everything together.	nroberts@siumed.edu
<i>The Lobotomist</i>	J. El Hai		Biography of W. Freeman who developed lobotomy procedure and then could not evolve thinking as medical science, pharmaceutical etc.	
<i>Paula</i>	Isdreal Allende			
<i>Kite Runner</i>	Khaled Hosseini		<i>The Kite Runner</i> is a novel about friendship and betrayal, and about the price of loyalty. It is about the bonds between fathers and sons, and the power of fathers over sons — their love, their sacrifices, and their lies. Written against a backdrop of history that has not been told in fiction before, <i>The Kite Runner</i> describes the rich culture and beauty of a land in the process of being destroyed.	

<i>The Heart of Change</i>	John P. Kotter		Sequel to his first book emphasizes the emotional, value-based personal aspects of managing change. Change is more than structure and strategy, it is about people and their values, goals, emotions, etc.	
<i>Machiavelli</i>			How not to be a leader	
<i>The Source</i>	James Michener	Lynne Meyer	I love archeology, multigenerations and the mix of fictional and actual historical.	
<i>Collapse</i>	Jared Diamond		Fascinating documentation of how established systems (civilizations) can collapse as a function of internal and external factors e.g. Easter Island	
<i>The Prey series</i>	John Sanders		A literate if visceral detective/thriller series set in the Midwest. The lead character is presented such that he doesn't wander to a conclusion – you get taken along for the ride and share his thoughts.	
<i>The HR Value Proposition</i>	David Ulrich	Carol Packard	Proposes outcome measures that can be used to transform medical education into competency-based programs/organizations	cpackard@uiuc.edu
<i>The Year of Magical Thinking</i>	Joan Didion		Book is about death and coping with loss of loved ones	
<i>Sudoku Books</i>		Karen Marcdante	Okay, I just need to decompress and figuring out where the numbers go; can let me ignore what else is going on in life at the moment.	kwendel@mcw.edu